



# Sunday School Curriculum Outlines

(A)  
General Overview of the  
Sunday School Curriculum  
(721 lessons)

## **1. Lessons from the Holy Bible : (174 lessons)**

### **† The New Testament:**

1. The Life of the Lord Jesus while in the flesh.
2. Miracles of the Lord Jesus and His work with us now.
3. Teachings of the Lord Jesus.
4. The Lord's Prayer.
5. Signs of the end of the world.
6. The Apostles.
7. The Cross (many lessons).
8. The Missionary Journeys of St. Paul.
9. An introduction to The Book of Revelation.
10. Christ in the Epistle of St. Paul to The Hebrews.
11. The Epistle of St. Paul to Philemon.

### **† The Old Testament:**

1. The Creation.
2. Moses leads his people out of Egypt.
3. The prophets, judges, and kings of Israel.
4. Exile.
5. The need for The Messiah.
6. Abraham Isaac and Jacob.
7. Personage from the Old Testament.
8. The Tabernacle of Meeting.
9. The Sacrifices in the Old Testament.

## **2. Spiritual Topics: (113 lessons)**

1. The principle of the “Fullness of time”.
2. Humbleness and simplicity.
3. Life of patience.
4. Sticking to our principles.
5. Defeating the devil.
6. God is with us.
7. Control your tongue.
8. Abiding in Christ.
9. The spirituality of fasting.
10. The gifts of The Holy Spirit.
11. The fruits of The Holy Spirit.
12. Thanksgiving.
13. Obedience.
14. Sunday: the day of the Lord.
15. The problem of pride.
16. Success in Christianity.
17. Love never fails.
18. Praying.
19. Repentance.

## **3. Feasts: (83 lessons)**

1. Nativity.
2. Epiphany.
3. Resurrection.
4. Ascension.
5. Pentecost.
6. Other Masters' feasts.
7. The feasts of the Cross (all subjects that relate to the Cross).

## **4. Saints' Lives: (45 lessons) (103 Saint)**

### **† Saints from the Holy Bible:**

St. Mary, Archangel Michael, Archangel Gabriel, St. John The Baptist, St. Stephen, St. Peter, St. Paul, St. Mark, Abraham, Isaac, Jacob, Joseph, Jonah, David, Samuel, Isaiah, Ezekiel, Hosea, Jochabed, Obadiah, Job, Joel, Abigail, Deborah, and Ruth.

### **† Heros of Faith:**

St. Athanasious The Apostolic, St. Cyril The Great, and St. John Chrysostum.

### **† Ascetic Fathers:**

St. Antony, Anba Paula, St. Pachomious, St. Pishoi, St. Arsenious, and St. Rueiss.

### **† Saints of Repentance:**

St. Moses The Black and St. Mary of Egypt.

### **† Martyrs:**

St. George, St. Mina, St. Demiana, St. Marcarious, St. Rebecca and her children, St. kathrin, St. Ignatius, and St. Theodora.

### **† Saints from among the Servants:**

Anba Abraam the Bishop of Faioum, St. Serapamoun Abou Tarha, and St. Nicholas.

## **5. History of the Church (30 lessons)**

1. The monasteries of our Church.
2. The return of St. Mark's relics to Egypt.
3. The history of the Coptic Orthodox Church of Alexandria.
4. St. Athanasius The Apostolic. (His life and background).
5. The Christian Church in the Apostolic Era.
6. The destruction of Jerusalem and it's alter.
7. The Ecumenical Councils.

## **6. Doctrines and Theology (73 lessons)**

1. The incarnation of The Word of God.
2. Tradition and Orthodoxy.
3. The intercessions of the Saints.
4. The Divinity of Christ.
5. The Divinity of the Holy Spirit.
6. The Holy Trinity.
7. The Orthodox Creed.
8. The difference between the Orthodox Faith and the Roman Catholic Faith.
9. The difference between the Orthodox Faith and the Protestant Faith.
10. Answering Jehovah's witnesses.
11. Answering the Mormons.
12. Answering the Evolutionists.
13. Christ is the Lamb of God.
14. The Seven Sacraments of the Church.
15. St. Mary's Perpetual Virginity.
16. Titles of St. Mary in our Orthodox Church.
17. Eschatology.
18. Patrology.
19. Salvation in The Orthodox concept.
20. Compative Theology.
21. The Impossibility of the perversion of The Holy Bible.
22. The Second Canonical books.

## **7. The Church and its Rites: (55 lessons)**

1. The mystery of the House of God.
2. The Church building and orientation.
3. The Sanctuary and the altar.
4. The Coptic icons.
5. The ranks in our Church.
6. Preparation for Christmas in our Church.
7. Lights in the Church.
8. Incense in the Church.
9. The Divine Liturgy.
10. The Great Lent.
11. The Agpeya.
12. The Church Sacraments.
13. The Sacred Vessels.
14. Preparation for the Divine Liturgy.
15. The Korbana.
16. The Paschal Service.
17. Joyous Saturday.

## **8. Social Topics: (73 lessons)**

1. Christianity and the building of the personality.
2. Christian characters and behaviour.
3. Friends.
4. Cooperation.
5. The life of courage.
6. The life of responsibility.
7. The life of truth.
8. Getting along with your parents.
9. Love your enemies.
10. Patience in a speedy world.
11. The Christian behaviour in a permissive society.
12. Freedom from a Christian point of view.
13. Dealing with the handicapped.
14. Relating to authority.
15. Sincerity with people.
16. Christianity is against partiality.
17. Life of service and sacrifice.
18. Moral relativism.
19. Christ-Like communication.
20. Christian individual and community.
21. Christian understanding of success.
22. The strong personality.
23. Be a peace maker not a trouble maker.
24. The means of achieving.
25. Evil company.
26. Importance and characteristics of leadership.
27. Civil authority.
28. How to deal with people.
29. Benefiting from the mistakes.
30. Whithstand other people's mistakes against us.

## **9. Missionary Topics ( 18 lessons)**

1. Importance of light/ Witness to the world.
2. Introduction into Theology of Mission. (4 Lessons)
3. Evangelism and Church growth. (3 Lessons)
4. Christianity is against partiality.
5. How can I share my Faith without argument. (2 Lessons)
6. We must be Christian worldview. (2 Lessons)
7. The Church loves everyone.
8. Our Church welcomes all people.
9. You shall be My witnesses. ( 2 Lessons)
10. God will not leave Himself without witnesses.

## **10. Contemporary Issues (57 Lessons)**

### **Gr. 5 & 6**

1. Watching TV- “Not everyone is right”.
2. Domestic violence from a Christian viewpoint.

### **Gr. 7 & 8**

1. How to choose your friends.
2. Is TV and/or Internet addictive?
3. How Halloween is Satanic.

### **Gr.8 & 9**

1. Healthy Self-Esteem (I).
2. Healthy Self-Esteem (II).
3. Christianity and the body.
4. As Christians, Can we have fun too?
5. How could you do better at school?
6. Music (I).
7. Music (II).
8. Music (III).

## **Gr. 9 & 10**

1. Substance abuse from a Christian perspective.
2. Youth activities for the Summer Holiday.
3. The Generation Gap.
4. Avoiding anger.
5. Adolescence.
6. Achieving your potential (I).
7. Achieving your potential (II).

## **Gr. 10 & 11**

1. Dating from a Christian point of view (I).
2. Dating from a Christian point of view (II).
3. The Characteristics of a chaste youth.
4. The characteristics of a Christian family.
5. How to deal with the effects of the media.
6. To everything there is time.
7. Patience in a speedy world (I).
8. Patience in a speedy world (II).

## **Gr. 11 & 12**

1. Christianity and violence.
2. Sleep- "Neglected Remedy".
3. Dealing with anxiety.
4. Money from a Christian point of view.
5. The problem of Atheism.
6. What is wrong with gambling (I).
7. What is wrong with gambling (II).
8. Homosexuality: The Christian Perspective.
9. Youth Sexual Life (I).
10. Youth Sexual Life (II).
11. Youth Sexual Life (II).
12. How can I resist peer pressure? (I).

13. How can I resist peer pressure? (II).
14. Love, Dating, and Marriage (I).
15. Love, Dating, and Marriage (II).
16. Euthanasia: Spiritual & Scientific Perspectives.
17. Answering the Evolutionists (I).
18. Answering the Evolutionists (II).
19. Answering the Evolutionists (II).
20. Answering the Evolutionists (IV).
21. Abortion and Respect for Life (I).
22. Abortion and Respect for Life (II).

## **11- Recitation Curriculum:**

The Recitation Curriculum is composed of :-

1. All the memory verses in each lesson (721).
2. Additional (27) part from The Holy Bible and The Agpeya Book.

## **12- Spiritual Songs & Hymns :**

Approximate number of Spiritual Songs & Hymns is (200). From Preschoolers to Grade 10 , there is a Song or Hymn in each lesson related to the topic of each lesson.

**(B)**  
**Curriculum Details For Each  
Grade**

# Sunday School Curriculum

Preschoolers

## **Lessons from The Holy Bibel:**

1. The story of Zaccheus.
  2. Jesus helps the fishermen.
  3. The Rich Man and Lazarus.
  4. Jesus heals a deaf - mute.
  5. Zechariah and Elizabeth.
  6. The Virgin Mary and the Angel.
  7. St.Mary visits Elizabeth.
  8. The Wise Men and the Shepherds visit Baby Jesus.
  9. Jesus is kept safe in Egypt.
  10. The choosing of Noah and Noah's Ark.
  11. The End of the Flood.
  12. The call of Abraham.
  13. The Lord pays Abraham a visit.
  14. Joseph and his brothers. (1).
  15. Joseph and his brothers. (11).
  16. Jesus feeds the crowd for the second time.
  17. A new life for Saul.
  18. Rahab and the spies.
  19. Solomon and the Queen of Sheba.
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## **Feasts:**

1. El Nayrouz Feast.
  2. The Day of the Cross Feast.
  3. Epiphany.
  4. Palm Sunday - The children receive Jesus.
  5. Good Friday - the soldiers nailed Jesus to the Cross.
  6. Jesus rose again and the stone of the tomb was moved.
  7. Jesus with His disciples in the upper room.
  8. The Ascension Feast - Two men stood by in white robes.
  9. The coming of the Holy Spirit.
  10. The Apostles' Feast - The man at the Beautiful gate.
  11. The feast of the Transfiguration - General description.
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## **Saints' Lives:**

1. The Angels - I - Jacob was comforted by the Angels.
2. The Angels - II - The Guardian Angels.
3. St. Mina the Wonder -Worker.
4. St. Pishoi.
5. The love of our Lord Jesus to the Virgin Mary.

## **Missionary Topics:**

1. The church loves everyone.
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## **Doctrines and Theology:**

1. The Dove.
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## **The Church and its Rites:**

1. Our respect for Abouna.
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## **Social Topics:**

1. Let us love one another.
  2. Be a good friend - "David and Jonathan".
  3. Cooperation (or helping one another).
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## **Spiritual Topics:**

1. Thanksgiving to God.
2. A servant learns God's ways.
3. The New Year - What God wants us to do.
4. Alms - The Feast's Cake.
5. I am The Good Shephard.
6. Everything is beautiful.
7. Why we do not hit back?
8. God hears our prayers I - God hears Henna's prayer.
9. God hears our prayers II - The crying of the Canaanite woman.
10. What does God want us to do?
11. Everyone of us is important to God.

# Sunday School Curriculum

Grade 1

## **Lessons from The Holy Bible:**

1. Jesus heals Simon's Mother-in-Law.
  2. Jesus feeds the hungry people.
  3. A lame man is healed.
  4. Saint Peter and the Shekel.
  5. The Lord Jesus and the fishermen.
  6. The Lord Jesus visits Martha and Mary.
  7. Samuel's love for God.
  8. David's love for God.
  9. The birth of John the Baptist is announced.
  10. The birth of the Lord Jesus is announced.
  11. Mary visits Elizabeth.
  12. The angels and the shepherds.
  13. The Lord Jesus granted Mary Magdalene joy instead of sadness.
  14. The Lord sends Ezra.
  15. Elijah.
  16. Solomon built a temple for the Lord.
  17. The parable of the Pharisee and tax collector.
  18. God gives his people power - Elijah (1)(11), Joshua (1).
  19. St. Mary and the life of obedience.
  20. Abraham invited The Lord and two angels
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## **Feasts:**

1. El Nayrouz Feast.
  2. The Feast of the Elevation of the Cross.
  3. Epiphany.
  4. Palm Sunday - the people received the Lord Jesus with joy.
  5. The Resurrection of Christ - the angel talks to Mary Magdalene.
  6. The Ascension Feast - the return to Jerusalem with joy.
  7. Pentecost - the power from above came upon the disciples.
  8. The Apostles' Feast. (2 lessons)
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## **Saints' Lives:**

1. A review of the life of St. Mina
2. The life of St. Pachomius.
3. St. Serapamoun Abou Tarha.
4. The Apparition of St. Mary in Zaytoun.
5. The life of St. Peter.

## **Doctrines and Theology:**

1. The Power of Christ in His Crucifixion.
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## **The Church and its Rites:**

1. The Great Lent.
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## **Social Topics:**

1. Friendship.
  2. Do you love your brothers?
  3. Love leads to action.
  4. Let us be kind to handicapped.
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## **Spiritual Topics:**

1. Thanksgiving to God.
2. Our love to the Lord Jesus.
3. The New Year - We say "Thank You" to God. Also, the baby Jesus was born in a manger.
4. Christmas song and slide presentations.
5. Obedience.
6. Sunday - A Holy Convocation.
7. Love your enemies.
8. God bless our homes.
9. We wish to see Jesus.
10. God knows and sees everything.
11. God is the source of every good gift.
12. God expects Believers to serve Him - Naaman, king of Syria.
13. God expects Believers to perform miracles - Elijah and Gehazi.

# Sunday School Curriculum

Grade 2

## **Lessons from The Holy Bible:**

1. The Lord teaches us how to pray.
  2. The Lord Jesus obeyed His parents.
  3. David and Goliath.
  4. The Parable of the Prodigal Son.
  5. Archangel Gabriel and Zachariah.
  6. The Birth of our Lord Jesus Christ is announced.
  7. Mary visits Elizabeth and Mary's Song of Praise.
  8. The Birth of St. John the Baptist and the start of happiness.
  9. God's promise to Simeon was fulfilled.
  10. The Lord was with Joseph and He was a successful man (I).
  11. The Lord was with Joseph and He was a successful man (II).
  12. Jesus granted Mary Magdalene joy instead of sadness
  13. The Parable of the Fig Tree.
  14. The Apostles - I - Life of Unity and Love.
  15. The Apostles - II - Saul, Saul, why are you persecuting me?
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## **Feasts:**

1. El Nayrouz Feast (Esna and St. Dolagy)
  2. Cross Day Feast.
  3. Lessons benefited from the Feast of Epiphany.
  4. Palm Sunday: The joy of receiving The Saviour.
  5. The Resurrection of Christ (The Angel talks to the Marys).
  6. The Ascension (Ascension is the road to God)
  7. The Pentecost (The start of the work of the Christian Church).
  8. Lessons benefited from the Birth of our Lord Christ
  9. The Easter Egg
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## **Saints' Lives:**

1. St. Dolagy.
2. St. John The Dwarf and The Fruit of Obedience.
3. The life of Abba Rueiss.
4. Archangel Michael.
5. St. Antony the Great.
6. St. George's Icon.
7. St. Mark the Apostle.
8. St. Athanasius the Apostolic.
9. St. Kathrin.
10. St. Mary (I).
11. St. Mary (II).
12. The Miracles of St. Mary (I).
13. The Miracles of St. Mary (II).

## **Doctrines and Theology:**

1. Jesus calms a storm - He is God.
  2. Jesus heals a paralyzed man - Jesus is God.
  3. The healing at the pool - Jesus is God.
  4. The Power of Christ on His Crucifixion.
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## **The Church and its Rites:**

1. The Church - I - The Church Building.
  2. The Church - II - The Sacred Vessels.
  3. The Church - III - The Vestments.
  4. The Church - IV - Going to Church.
  5. The Church - V - The preparation for the Divine Liturgy.
  6. The Holy Week - The Pascha.
  7. El Kurbana.
  8. Lights in the Church
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## **Spiritual Topics:**

1. The Lord loves us. (2 lessons)
  2. God is with us.
  3. Control your tongue.
  4. Abide in Me and I in You.
  5. The Lord's Prayer
  6. Our love for the Lord (2 lessons)
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## **Social Topics:**

1. Be sincere with people.
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# Sunday School Curriculum

Grade 3

## **Lessons from The Holy Bible:**

1. The Lord Jesus tells Matthew to follow Him.
  2. But not a hair of your head shall be lost.
  3. Peter made Tabitha alive.
  4. The Good Samaritan.
  5. Moses leads his people out of Egypt (1).
  6. Moses leads his people out of Egypt (11).
  7. The Ten Commandments.
  8. Our Lord Jesus is born in a manger in Bethlehem and the escape of the Holy Family to Egypt.
  9. The Lord's Prayer (1).
  10. The Lord's Prayer (11).
  11. The Lord's Prayer (111).
  12. The Lord Jesus gave His disciples the power to serve.
  13. God sent an angel to defend king Hezekiah.
  14. The Tower of Babel.
  15. God protects the Church from heresies.
  16. The Bronze Serpent
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## **Feasts:**

1. El Nayrouz Feast.
  2. The Day of the Gross Feast.
  3. Christmas Celebration.
  4. Epiphany.
  5. Palm Sunday.
  6. The Holy Week and Good Friday (1).
  7. The Holy Week and Good Friday (11).
  8. Resurrection.
  9. Ascension.
  10. Pentecost.(The Fruits of The Holy Spirit)
  11. The Apostles' Feast.
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## **Saints' Lives:**

1. The life of St. Mina.
2. The life of St. Nicholas.
3. The life of St. John the Baptist.
4. St. Mary visits St. Elizabeth.
5. The life of St. Pachomius.
6. The life of St. Paul and St. Barnabas.
7. Summary of the Virgin Mary's Life.
8. The life of St. Ignatius.
9. St. Stephen.

## **History of the Church:**

1. The history of the tree of the Virgin Mary in Matariah
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## **Doctrines and Theology:**

1. The Holy Bread.
  2. Archangel Michael and Archangel Gabriel.
  3. The Great Lent.
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## **Spiritual Topics:**

1. Thanksgiving to God who forgives all our sins.
  2. Return Good for Evil.
  3. The New Year - Take a look at the past year and learn from it.
  4. Love never fail.
  5. Let us trust God (I).
  6. Let us trust God (II).
  7. Let us trust God (III).
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## **Social Topics:**

1. Our behavior - I - We must hear and do.
  2. Our behavior - II - The tongue.
  3. The life of courage.
  4. The life of responsibility.
  5. Do not tell a lie.
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## **Missionary Topics:**

1. Our Church welcomes all people.(2 Lessons)

# Sunday School Curriculum

Grade 4

## **Lessons from The Holy Bible:**

1. The first lie and the forbidden fruit.
2. The Parable of the sower.
3. Jacob's trip to his uncle.
4. Personalities from the Old Testament. (Ruth)
5. Exodus - I - The need for salvation from the slavery in Egypt. (2 lessons)
6. Exodus - II - The Preparation of Moses to serve. (2 lessons)
7. St. Mary served St. Elizabeth.
8. Parables of the Lord Jesus about the Kingdom of Heaven (I).
9. Parables of the Lord Jesus about the Kingdom of Heaven (II).
10. Parables of the Lord Jesus about the Kingdom of Heaven (III).
11. Isaac a symbol of Christ
12. Joshua at the Walls of Jerico.
13. David and his life with God (1).
14. David and his life with God (11).
15. David and his life with God (III).
16. David and his life with God (IV).
17. Jesus gave His disciples the power to serve.
18. The Book of Ezra (1).
19. The Book of Ezra (II).
20. The Book of Ezra (III).
21. Lessons from the Book of Nehemiah (1).
22. Lessons from the Book of Nehemiah (II).
23. Lessons from the Book of Nehemiah (III).
24. Lessons from the Book of Nehemiah (IV).
25. The Ark of the Covenant.
26. Washing of the Disciples feet.

## **Feasts:**

1. El Nayrouz Feast - Theodora, the Pure Virgin.
2. The Cross.
3. The birth of St. John the Baptist is announced.
4. The birth of the Lord Jesus is announced.
5. Lessons benefited from the birth of the Lord Jesus Christ.
6. Lessons benefited from the Epiphany.
7. Palm Sunday.
8. The Holy Week and Good Friday (1).
9. The Holy Week and Good Friday (11).
10. Resurrection of Christ (I).
11. Resurrection of Christ (II).
12. The Ascension Feast.
13. The Feast of Christ's coming to Egypt.
14. Pentecost - The Holy Spirit is the Spirit of Might.

## **Saints' Lives:**

1. St. Mark's life (1).
  2. St. Mark's life (11).
  3. St. Paul, the Apostle (1).
  4. St. Paul, the Apostle (11).
  5. St. Paul, the Apostle (111).
  6. We magnify you of Mother of the True Light.
  7. St. Theodora
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## **Doctrines and Theology:**

1. In Baprtism we become newly born
  2. The Resurrection is the Glory of Christianity
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## **The Church and its Rites:**

1. The Cross at the highest point inside and outside the church.
  2. The importance of Passion Week in the Coptic Orthodox Church
  3. The seven Minor and Major Feasts of our Lord Jesus Christ
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## **Social Topics:**

1. The people of Judea kept the news in their hearts - Think before you speak.
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## **Spiritual Topics:**

1. The Lord Jesus loves me.
  2. when it comes to God, do not say “how”.
  3. Let us be obedient
  4. God is Fair.
  5. The Lord Jesus did these for me not for Himself.
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## **Missionary Topics:**

1. God will not leave Himself without witnesses.
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# Sunday School Curriculum

Grade 5

## **Lessons from The Holy Bible:**

1. Jesus heals blind Bartimaeus.
  2. The parable of the talents.
  3. Mary visits Elizabeth - Mary's song of Praise and the birth of St. John the Baptist.
  4. Christ and the establishment of His Kingdom - I - The Lord Jesus faced Satan and defeated him.
  5. Christ and the establishment of His Kingdom - II - He appointed twelve to be with Him and to be sent out to preach.
  6. Christ and the establishment of His Kingdom - III - The Lord Jesus announced God's glory by His teachings.
  7. Christ and the establishment of His Kingdom - IV - The Lord Jesus showed His Divine glory by His miracles and His Transfiguration.
  8. Psalms of David - Psalm 19: The heavens declare the glory of God.
  9. Psalms of David - Psalm 23: The Lord is my Shepherd I shall not want.
  10. God is ready to forgive - Elijah talks to King Ahab.
  11. God's covenant with Abraham (I).
  12. God's covenant with Abraham (II).
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## **Feasts:**

1. El Nayrouz Feast and the martyrdom of St. Philemon.
  2. The Feast of the Elevation of the Cross.
  3. The birth of St. John the Baptist and the birth of the Lord Jesus were announced.
  4. They offered Him gifts, "Gold, Frankincense and Myrrh."
  5. Epiphany - Jesus established the Sacrament of Baptism.
  6. Palm Sunday - Jesus, the Heavenly King was humble when He entered Jerusalem.
  7. The Holy Week (The Pascha).
  8. Good Friday.
  9. Resurrection of Christ, its effect on us.
  10. Jesus granted His disciples peace in the upper room.
  11. The Ascension Feast, The blessing of the Ascension.
  12. Pentecost - there were added that day three thousand souls.
  13. The Apostles' Feast: St. Peter and St. Paul.
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## **Saints' Lives:**

1. The life of St. John the Evangelist.
  2. St. Augustine "The Son of Tears".
  3. The Commemoration of the Saints.
  4. The Virgin Mary and the life of Meditation.
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## **History of the Church:**

1. The return of St. Mark's relics to Egypt.
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## **Doctrines and Theology:**

1. The Promise of the Coming of the Messiah as mentioned in the Old Testament.
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## **The Church and its Rites:**

1. The Divine Liturgy (I)
  2. The Divine Liturgy (II)
  3. The Divine Liturgy (III)
  4. The need of the human being to the Rites.
  5. Proper behaviour in the church.
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## **Spiritual Topics:**

1. The strength of Faith.
2. Thanksgiving to God who loves me and takes care of me.
3. By Faith, the walls of Jericho fell down.
4. How to grow in your Faith (I).
5. How to grow in your Faith (II).
6. The New Year - How do I start?
7. The Fruits of the Holy Spirit: Love.
8. The Fruits of the Holy Spirit: Joy
9. The Fruits of the Holy Spirit: Peace
10. The Fruits of the Holy Spirit: Kindness
11. The life of Prayer (I).
12. The life of Prayer (II).
13. The life of Prayer (III).
14. Does it belong to you? - David and Nathan.
15. The seven magic words " I can do all things through Christ."

# Sunday School Curriculum

Grade 6

## **Lessons from The Holy Bible:**

1. Esther (I).
  2. Esther (II).
  3. St. Mary's song of Praise.
  4. Personalities from the Old Testament - Daniel the Prophet Seer.
  5. Personalities from the Old Testament Gideon was given assurance.
  6. Meaning of Aaron's Rod
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## **Feasts:**

1. El Nayrouz Feast - St. Merkerious "Abu Sefain".
  2. The Feast of the Cross "No Christianity without the Cross.
  3. Lessons benefited from Epiphany "Heaven was opened".
  4. The joy and blessings of Jesus in the wedding of Cana of Galilee.
  5. Palm Sunday and Lazarus Saturday.
  6. The Holy Week (The Pascha).
  7. Good Friday (Thine is the Power and the Glory).
  8. Resurrection of Christ (I).
  9. Resurrection of Christ (II).
  10. Jesus granted His disciples peace in the upper room.
  11. The Ascension Feast – The blessing of Ascension in our lives.
  12. Pentecost. (The One who ascended is the One who descended)
  13. In the Memory of the Apostles - I - The service of St. Paul.
  14. In the Memory of the Apostles - II - Incentives of serving the Lord.
  15. In the Memory of the Apostles - III - The Christian families form the letters of St.Paul.
  16. In the Memory of the Apostles - IV - The Parables in the letters of St. Paul.
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## **Saints' Lives:**

1. St. John the Baptist - Do we have a message for people about the Lord Jesus?
2. St. George, the Prince of Martyrs.
3. St. Mina, the Miracle Maker.
4. St. Antony the Great.
5. St. Athanasius, the Apostolic.
6. Love in the life of the saints - I - love suffers long and is kind, love doesn't envy, love does not parade itself is not puffed up.
7. Love in the life of the saints - II - love does not behave rudely, does not seek its own, and is not provoked.
8. The Virgin Mary and the life of Meditation.

## **History of the Church:**

1. Know the monasteries of your Church (I).
  2. Know the monasteries of your Church (II).
  3. Simon the tanner and the moving of the the mountain of Al-Mokatam
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## **Doctrines and Theology.**

1. Prophecies in the Old Testament about Christ (1).
  2. Prophecies in the Old Testament about Christ (II).
  3. The Holy Bible - Why do we read the Holy Bible?
  4. The Holy Bible - How do we read the Holy Bible?
  5. The Holy Bible - The Holy Bile is one Unit.
  6. Five symbols of the Holy Spirit in the Bible.
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## **The Church and its Rites:**

1. Pope Shenouda III and the ranks of our Church.
  2. How does our Church prepare for Christmas?
  3. The mystery of the House of God.
  4. My Coptic Church has taught me - I - Why do we respect and kiss the icons?
  5. My Coptic Church has taught me - II - Why are the churches lighted during the Divine Liturgy
  6. The Rites of the Coptic Orthodox Church
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## **Social Topics:**

1. Christian Characters - I - helping the needy.
  2. Christian Characters - II - forgiveness.
  3. Christian Behavior - I - Bad friendship spoils good characters.
  4. Christian Behavior - II - Be positive and responsible.
-

## **Spiritual Topics:**

1. Practical ways that lead to loving God.
2. The fullness of Time.
3. For with God nothing will be impossible.
4. Thou blessed my nature in Thee.
5. Formalities in the Spiritual practices.
6. Do not cling to Me

# Sunday School Curriculum

Grade 7

## **Lessons from The Holy Bible:**

1. Lot chose for himself
  2. Mary's song of Praise.
  3. Selected personalities from the Holy Bible - I - Job
  4. Selected personalities from the Holy Bible - II - Jacob (Part A & part B)
  5. Selected personalities from the Holy Bible - III - Mary and Martha
  6. God's plan for Elisha.
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## **Feasts:**

1. El Nayrouz Feast and the martyrdom of St. Demiana.
  2. The Cross Day Feast.
  3. The fullness of Time.
  4. The birth of St. John the Baptist and the birth of Jesus are announced.
  5. He was called Jesus.
  6. Epiphany "Among those born of women, there has risen no one greater than John the Baptist."
  7. The Transfiguration Feast.
  8. Palm Sunday - Hosanna to the Son of David.
  9. Christ the Lamb of God - I - (Maundy Thursday).
  10. Christ the Lamb of God - II - The Holy Week and Good Friday in our Church.
  11. Resurrection of Christ - . The fesurxarAion 5 ~~n•
  12. The Lord Jesus granted Peter forgiveness at the sea of Tiberius.
  13. The Ascension Feast - Between Ascension and Pentecost.
  14. Pentecost - The Descent of the Holy Spirit and His gifts.
  15. The Apostles Feast (I).
  16. The Apostles Feast (II).
  17. The Holy Family in Egypt.
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## **Saints' Lives:**

1. The life of St. Paul, the first Hermit.
  2. Pope Kyrillos VI, Pope of Alexandria.
  3. St. Arsenius, the teacher of the sons of the kings.
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## **Missionary Topics:**

1. You shall be My witnesses. ( 2 Lessons).

## **Doctrines and Theology:**

1. The incarnation of the Word of God.
  2. Tradition and Orthodoxy - The Holy Tradition in the Apostolic Age.
  3. Tradition and Orthodoxy - The Holy Tradition and a) The Gospel b) Church life
  4. The intercession of saints.
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## **The Church and its Rites:**

1. The Church, the House of God - I - The mystery of the house of God.
  2. The Church, the House of God - II - The Church building and orient.
  3. The Church, the House of God - III - The Sanctuary and the Alter.
  4. The Church, the House of God - IV - The icons.
  5. The preparation for Christmas in our Church.
  6. Christ in the Eucharist (I).
  7. Christ in the Eucharist (II).
  8. Christ in the Eucharist (III).
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## **Social Topics:**

1. Christianity and the building up of the personality.
  2. The life of perseverance
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## **Spiritual Topics:**

1. Lessons in humbleness.
2. Thanksgiving to God - let us give thanks to the Beneficent.
3. The fruits of the Holy Spirit - I - Longsuffering.
4. The fruits of the Holy Spirit - II - Kindness, goodness and gentleness.
5. The fruits of the Holy Spirit - III - Faithfulness.
6. The fruits of the Holy Spirit - IV - Self control.
7. The New Year - Life of repentance.
8. Excuses... Excuses.
9. The seven magic words " I can do all things through Christ."
10. God's plan for us - I - Saul is called and converted.
11. God's plan for us - II - God's plan for Elijah.
12. The acceptable prayers.

# Sunday School Curriculum

Grade 8

## **Lessons from The Holy Bible:**

1. Signs of the End of the World.
  2. Love of Christ for us as manifested in Luke 1.
  3. Jonah the Prophet (I).
  4. Jonah the Prophet (II).
  5. Jonah the Prophet (III).
  6. Jonah the Prophet (IV).
  7. The wedding of Cana of Galilee.
  8. Personalities from the Old Testament - I - Ezekiel, Prophet of renewal and unity.
  9. Personalities from the Old Testament - II - Isaiah, Prophet Evangelist.
  10. Tend my sheep.
  11. The Tabernacle of Meeting (2 Lessons).
  12. Lessons benefited from the sacrifices in the Old Testament (2 Lessons).
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## **Feasts:**

1. El Nayrouz Feast - Arrianus, the Persecutor of Christians became a Christian and Martyr.
  2. The Cross {The Readings of the church on the Three days of the Feast of The Cross}.(2 Lessons)
  3. The Feast of Nativity.
  4. Palm Sunday – Why does the world reject the Lord Jesus.
  5. The Resurrection of Christ as a source of a new life for us.
  6. Pentecost. Be filled with the Holy Spirit (2 Lessons)
  7. Epiphany
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## **Saints' Lives:**

1. The life of St. John the Baptist - What are the personal attributes of a true Christian?
  2. The life of St. John Chrysostom.
  3. The life of St. Nicholas
  4. The life of St. George the Prince of Martyrs (1).
  5. The life of St. George the Prince of Martyrs (II).
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## **History of the Church:**

The Apostles of our Lord Jesus Christ:

1. The Authority of the Apostles.
  2. The Essence of the Apostles Ministry (I).
  3. The Essence of the Apostles Ministry (II).
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## **Doctrines and Theology:**

1. The Doctrines of the Coptic Orthodox Church of Alexandria (I).
  2. The Doctrines of the Coptic Orthodox Church of Alexandria (II).
  3. The Doctrines of the Coptic Orthodox Church of Alexandria (III).
  4. The Doctrines of the Coptic Orthodox Church of Alexandria (IV).
  5. The Doctrines of the Coptic Orthodox Church of Alexandria (V).
  6. Christ is the Lamb of God (I).
  7. My Coptic Church has taught me - I - regarding Baptism.
  8. My Coptic Church has taught me - II - regarding Confession.
  9. My Coptic Church has taught me - III - Regarding Intercession of the Saints.
  10. St. Mary's perpetual virginity.
  11. St. Mary, our New Eve.
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## **The Church and its Rites:**

1. Christ the Lamb of God - "The Holy Week and Good Friday".
  2. Contemplation on the prayer of the Holy week (2 Lessons).
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## **Social Topics:**

1. "Love your enemies" - Is it practical?
  2. We have to withstand other people's mistakes against us.
  3. Christianity and love.
  4. Christianity is against partiality.
  5. Life of service and sacrifice.
  6. How to deal with people?
  7. Who is the real rich person?
  8. The Methods.
  9. Benefiting from the mistakes
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## **Spiritual Topics:**

1. The principle of the "Fullness of the Time".
2. Humbleness and Simplicity.
3. Life of patience and trust in God.
4. God wants us to have power and authority.
5. Let us stick to our principle and trust in God.
6. How to defeat the Devil.
7. What present to give to the Christ-Child?
8. The Love of Christ to us.
9. Your Spirituality in the fifty days after Easter.

# Sunday School Curriculum

Grade 9

## **Lessons from The Holy Bible:**

1. Judge not so you are not judged.
  2. Alms Giving.
  3. The Kingdom of God.
  4. Life after death.
  5. Christ in the Old Testament.
  6. Zechariahs `s Prophecy.
  7. The seven words of our Lord on the Cross (I).
  8. The seven words of our Lord on the Cross (II).
  9. Jesus granted faith to the two disciples of Emmaus.
  10. An overview of the Bible.
  11. Personalities from the Old Testament - I - Aaron the Priest.
  12. Personalities from the Old Testament - II - Hananiah, Mishael and Azariah.
  13. The Prophecies and symbols of St. Mary in the Old Testament.
  14. The Missionary Journeys of St. Paul (I).
  15. The Missionary Journeys of St. Paul (II).
  16. The Missionary Journeys of St. Paul (III).
  17. The Missionary Journeys of St. Paul (V).
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## **Feasts:**

1. El Nayrouz Feast.
  2. Christmas Celebration.
  3. The Circumcision Feast.
  4. Epiphany.
  5. Palm Sunday.
  6. Resurrection.
  7. Ascension.
  8. Pentecost.
  9. The day of the Cross Feast.
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## **Saints' Lives:**

1. The life of St. Moses the Black.
  2. The life of St. John the Baptist.
  3. The life of St. Demetrius the Vine Dresser
  4. The life of St. Mary of Egypt.
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## **History of the Church:**

1. The Coptic Orthodox Church of Egypt.
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## **Doctrines and Theology:**

1. The Ecumenical Councils (I).
  2. The Ecumenical Councils (11).
  3. The Orthodox Creed (1).
  4. The Orthodox Creed (11).
  5. The Orthodox Creed (III).
  6. The Orthodox Creed (IV).
  7. The difference between our Orthodox Faith and
    - (a) The Roman Catholic Faith
    - (b) The Protestant Faith.
  8. The Holy Trinity.
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## **The Church and its Rites:**

1. The Great Lent (1).
  2. The Great Lent (II).
  3. The Great Lent (III).
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## **Spiritual Topics:**

1. How to pray.
  2. Thanksgiving to God.
  3. The New Year purity of heart.
  4. Those who walk in pride, God is able to abase.
  5. Our need for Christ.
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## **Social Topics:**

1. The Christian behaviour in a permissive society.
2. The difference between pre-destination and free will.
3. Freedom from a Christian point of view.

# Sunday School Curriculum

Grade 10

## **Lessons from The Holy Bible:**

1. The Baptism of the Messiah.
2. The Seven Words of Our Lord on the Cross (1).
3. The Seven Words of Our Lord on the Cross (11).

## **Feasts:**

1. El Nayrouz - (Exhortation to Martyrdom). (2 Lessons)
2. The Cross Day Feast.
3. Palm Sunday - The Lord Jesus is My Personal King and Saviour.
4. Resurrection of Christ is the Source of Hope.
5. The Ascension Feast -

## **Saints' Lives:**

1. The Life of St. John the Baptist - (The Greatest among those born of women).
2. The Life of St. Potamiaena the Pure Virgin.
3. The Life of St. Mina " The Miracle Maker".
4. The Personality of St. Paul (1).
5. The Personality of St. Paul (11).
6. Key Virtues in the Virgin Mary's life. (2 lessons)

## **History of the Church:**

1. St. Athanasius the Apostolic - (His life and background).
2. The Christian Church the Apostolic Era, in the Birth of the Church (1).
3. The Christian Church the Apostolic Era, in the Birth of the Church (11).
4. The Christian Church the Apostolic Era, in the Birth of the Church (III).
5. The Confrontation with the Jews - (The Christian Church in the Apostolic Era).
6. The Church as outside Jerusalem and the Destruction of Jerusalem and its altar.
7. The Christian Church in the Apostolic Era ( Christianity in the whole world)
8. The Worshipping system in the Apostolic Church.

## **The Church and its Rites:**

1. Church Sacraments (1).
2. Church Sacraments (II).
3. Church Sacraments (III).
4. Church Sacraments (IV).
5. Church Sacraments (V).
6. Church Sacraments (VI)
7. Church Sacraments (VII)
8. The Music of the Coptic Church.
9. Joyous Saturday.

## **Doctrines and Theology:**

1. St. Athanasius the Apostolic - Introduction to his theology. ( 2 Lessons)
  2. The Holy Spirit - I - The unity of the son and the Holy Spirit with the Father.
  3. The Holy Spirit - II - The Eternal Godhead of the Holy Spirit and heresies against the Holy Spirit.
  4. The Holy Spirit - III - The Holy Spirit striving with the world.
  5. The Holy Spirit - IV- The working of the Holy Spirit in the Church.
  6. The Holy Spirit V
  7. The Holy Spirit VI
  8. The Glorified Body.
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## **Spiritual Topics:**

1. The word "I".
  2. How do I prepare myself to celebrate Christmas?
  3. I am the Handmaid of the Lord.
  4. Some lessons benefited from the Birth of Christ.
  5. The spirituality of Fasting - I - The importance of Fasting.
  6. The Spirituality of Fasting - II - Fasting and the Body.
  7. The Spirituality of Fasting - III- Consecrate a Fast.
  8. Risen Christ - Faith's Reality.
  9. The Gifts of the Holy Spirit.
  10. The Fruits of the Holy Spirit.
  11. What is Zeal.
  12. How can my soul become the bride of Christ
  13. Contemplation on Good Friday (2 lessons)
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## **Social Topics:**

1. Our social behavior - be a peacemaker not a trouble maker. (2 lessons)
2. How to relate to authority.
3. Soul searching - I - To whom do you belong, and where are you going?
4. Soul searching - II - Who are these in front of you?
5. The strong personality.
6. Be a peace maker not a trouble maker.

# Sunday School Curriculum

Grade 11

## **Lessons from The Holy Bible:**

1. Job's wife
  2. The Holy bible study (3 Lessons)
  3. Personage from the Old Testament "Joel" (2 Lessons)
  4. Personage from the Old Testament " Moses the prophet" (2 Lessons)
  5. Personage from the Old Testament "Abigail"
  6. Personage from the Old Testament "Deborah" (3 Lessons)
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## **History of the Church:**

1. The Apostolic Fathers: Why did they love martyrdom?
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## **Missionary Topics:**

1. Importance of light/ witness to the world
  2. An Introduction into Theology of mission (4 Lessons)
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## **Feasts:**

1. Resurrection- our new life
  2. Palm Sunday (is my heart the Alter of God)
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## **Saints' lives:**

1. The Virgin Mary's Motherhood in our daily life (2 Lessons)
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## **Spiritual Topics:**

1. Not everyone is right (2 Lessons)
  2. Confidence in God's Presence with us
  3. Serving the Lord (2 Lessons)
  4. The Joys of January
  5. Steps towards a peaceful life (2 Lessons)
  6. Questions and answers by H.H.Pope Shenouda (2 Lessons)
  7. God's love and His balanced commandments (2 Lessons)
  8. Forgiveness (2 Lessons)
  9. Christ, Our Passover was sacrificed for us
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## **Social Topics:**

1. Christian understanding of success. (2 Lesson)
  2. The evil company. (2 Lessons)
  3. The means of achieving.
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## **Doctrine and Theology:**

1. Answering Jehovah's witness (2 Lessons)
  2. The Holy Spirit, the Paraclete
  3. Eschatology (3 Lessons)
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## **The church and its Rites:**

1. The spirituality of the Midnight praise
2. Why should we pray with the Agpeya? (2 Lessons)
3. My Coptic Orthodox church has taught me (Incense)
4. An introduction to the Coptic Icons

# Sunday School Curriculum

Grade 12

## **Lessons from The Holy Bible:**

1. Hosea the Prophet. (3 Lessons)
  2. Jochabed. (2 Lessons)
  3. Christ in the Epistle to the Hebrews. (3 Lessons)
  4. Obadiah the Prophet. (2 Lessons)
  5. The Epistle of St. Paul to Philemon. (2 Lessons)
  6. An Introduction to the Book of Revelation. (2 Lessons)
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## **Social Topics:**

1. Yes... There is hope for the future. (2 Lessons)
  2. How can I share My faith without an argument. (2 Lessons)
  3. Civil authority.
  4. Moral relativism.
  5. Christ-Like communication. (2 Lessons)
  6. Christian individual and community.
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## **Saints' lives:**

1. The Anchorites (Hermits). (2 Lessons)
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## **Spiritual Topics:**

1. Enjoying intimacy with God. (5 Lessons)
  2. Emmanuel: Which means "God is with us".
  3. The Holy week and Good Friday.
  4. The Holy Spirit and His effect in the formation of the personality.
  5. Remember now your Creator in the days of your youth. (2 Lessons)
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## **Feasts:**

1. Resurrection (Christ is risen... He is indeed risen).
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## **Doctrine and Theology:**

1. An introduction to Patrology . (2 Lessons)
  2. The main Books in the Coptic Orthodox Church.
  3. The 2<sup>nd</sup> Canonical Books in the Holy Bible
  4. Answering the Mormons. (2 Lessons)
  5. Salvation in the Orthodox Concept. (3 Lessons)
  6. Comparative theology (Why does our Church glorify St. Mary while the Protestant Church does not ? ).
  7. The impossibility of the perversion of the Holy Bible.
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## **Church and its Rites:**

1. The main books in the Coptic church.
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## **Church History:**

1. The History of the Coptic Orthodox Church. (2 Lessons)
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## **Missionary Topics:**

1. Evangelism and Church growth . (3 Lessons)
  2. We must have a Christian world view. (2 Lessons)
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